



## **Children & Young People Digital Health Innovations Tuesday 26 April 2016**

This Health Network Event, held at Parbold Village Hall, focused on two topics – children & young people and digital health.

The event was well attended with 90 individuals from 37 different organisations present. There were also 30 information stands from different voluntary and community groups as well as the private and statutory sectors. A full list of stall holders can be found at the end of this report.

### **Introduction – Greg Mitten, Chief Officer, West Lancs CVS**

Greg opened the event by thanking everyone for attending and introduced the themes of the day – children & young people and digital health. He highlighted the opportunity that this event would give people to learn more, share and network.

He also discussed the importance working with young people to recognise their gifts, capacities and skills and how the use of digital innovation can be used to develop new approaches to health care provision.

Greg then introduced the first speaker – **Cerys Smye-Rumsby from West Lancs CVS.**

Cerys gave a short introduction to the infant mortality project which was commissioned through Lancashire County Council and the West Lancs Health & Wellbeing Partnership. She explained that the project was being approached in an asset based way rather than a top down approach. Delegates were invited to take part in an interactive knowledge quiz. Cerys then explained that she is also working with local groups such as the Sewing Rooms who are, for example, making mats for babies to use for 'tummy time'. She also runs regular Safeguarding

Children training and is undertaking a mapping of local toddler groups. [Click here](#) for the full presentation.

### **Hajra Sadar, West Lancs Clinical Commissioning Group (CCG)**

Hajra gave an interesting presentation following 'the life of Bob' whose son struggled from low self-esteem which affected his whole life, impacting on his ability to get a job, form relationships etc. Eventually his life was turned around when he got involved with activities at a local community centre. Hajra talked about the importance of the wider determinants of health and how work is going on in local schools to help teachers support children and young people's emotional wellbeing.

### **Stella Connell, Birchwood Centre**

Stella gave a comprehensive overview of the work of the Birchwood Centre, a well-established charity based in Skelmersdale. [Click here](#) to see Stella's presentation on the full range of the Birchwood Centre's services. Stella explained that the centre offers vulnerable people supported housing for up to two years and supports them once they have moved into their own accommodation. She explained that they work with the most vulnerable, lonely, isolated people who often suffer from poor physical and mental ill health.

Following this presentation, a short film was shown – Stamping out Stigmas which looked at mental health in young people. To view go to: [https://m.youtube.com/watch?v=-LLWJh\\_uhe8](https://m.youtube.com/watch?v=-LLWJh_uhe8)

### **Emma Davies and Steve Kent, West Lancs Borough Council**

After the break Emma Davies and Steve Kent described a new scheme – Active West Lancs. The scheme is being developed with five partners – West Lancs Borough Council, West Lancs CVS, Skelmersdale Community Food Initiative, West Lancs Schools Sports Partnership and West Lancs Community Leisure Trust. It is a three year programme of early intervention covering obesity, weight management and physical activity. Emma explained that the website is being developed and will be live soon. Steve said that there would be a small funding pot available for community groups for interventions. Dee Mitten from SCFI explained the aim is that there would be a 'seamless transition' between services and a holistic approach with families. More details about the scheme will be available shortly but you can read the full presentation [here](#).

### **Naomi Burrows, Young Addaction**

Naomi described the work of Young Addaction who work with young people up to the age of 25. She explained that the service works in a holistic way and does not just address substance misuse but supports young people and their families with their family worker. They will also help set up support groups and work with young people to design services. They will shortly be recruiting a community engagement worker.

The organisation also offers training and awareness sessions. For more information contact Young Addaction on 01772 281495 / [spoc.yalancs@addaction.org.uk](mailto:spoc.yalancs@addaction.org.uk)

To see the presentation [click here](#).

Following a networking lunch the event continued with a presentation by **Mike Maguire, Chief Executive of NHS West Lancs CCG** who gave an update on the CCG's Community Health Services re-procurement.

Mike gave a presentation about the community health services re-procurement. The slides from the presentation are accessible [here](#).

People can still share views and are encouraged to do so via [myview@westlancashireccg.nhs.uk](mailto:myview@westlancashireccg.nhs.uk)

Following the presentation, the audience was invited to ask the panel questions about the procurement process. The panel of CCG board members responded to the questions, which included: GP clinical leads Dr Ros Bonsor, Dr Jack Kinsey, Dr Simon Frampton and Dr John Caine, chief officer Mike Maguire, chief finance officer/deputy chief officer Paul Kingan, and lay members Greg Mitten and Doug Soper.

The below gives a summary of the question and answer session – please note, this is not a precise word for word recording. For more information on the CCG's community health services procurement, please visit the dedicated webpage:

<http://www.westlancashireccg.nhs.uk/have-your-say/community-health-services/>

**Q:** An attendee asked about the timings of the process.

**A:** Following a stringent evaluation process, 24 February 2016 marked the move into the Invitation to Participate in Dialogue (ITPD) stage. The CCG is currently having dialogue discussions which will continue until July 2016. The four remaining potential bidders will be invited to submit a final tender in August 2016. The new provider will begin delivering the local services in April 2017. For a snapshot of the process and timings, please see the [CCG's procurement infographic](#).

**Q:** A member of staff from Southport & Ormskirk Hospital NHS Trust asked about why her services were not mentioned with the lot 1 slide.

**A:** The panel pointed out that the list on the slide was example and that a full list of services from lot 1 was available on the CCG stand at the event and on the CCG [website](#).

**Q:** A member of the audience asked about personal budgets.

**A:** The CCG stated that all potential providers in the process have been asked to identify how they may be able to better handle personal budgets in future.

**Q:** An attendee asked how the CCG will ensure new providers remain aware of the role and importance the Voluntary Community and Faith Sector (VCFS) plays.

**A:** The CCG explained that they have held bidder days involving this sector and have ensured the providers are aware of this role. The CCG also clarified that it has specified that providers need to evidence that they would work with this sector and demonstrate that they understand its importance.

**Q:** A audience asked what assurances can be made to ensure that private sector organisations are not going to make it just about profit i.e. that the level of care and profit are not going to become two competing factors.

**A:** The NHS as an overall funding body has always had private / independent and NHS involvement. Examples were provided of independent businesses. The CCG stated that the idea that private / independent provider is something new is not necessarily the case. A lot of local patients currently opt for private services locally. The issue raised will be considered as part of the CCG's procurement process.

**Q:** An individual asked how the CCG can ensure the chosen provider will offer what suits the local area. And deal with community as it is locally and not in a general way.

**A:** The CCG's specification is very tailored to West Lancashire and it has been very clear on health profiles in terms of highlighting what the big issues are. It also invites the providers to offer a tailored solution geared to health inequalities to make sure the CCG can get best for West Lancashire.

**Q:** A question was asked about how the CCG will continue to be responsible in terms of continuing relationships between providers and Voluntary Community and Faith Sector.

**A:** The panel explained the long standing relationship held between the sector and CCG, going back to the shadow year before the CCG became authorised. The VCFS (third sector) has a place at the table not only to tick a box but to remain informed and have influence over what is going on locally. Lots of information has been provided to the four organisations that remain in the process. It is about partnerships that have been worked hard at over the years, not just between the VCFS and CCG, but also with the local borough council, local authority, providers and many more.

**Q:** A question was asked about the mention of chronic diseases within the CCG presentation, and whether the CCG is referring to long-term conditions?

**A:** The CCG agreed it was referring to long-term conditions and that the process aims to achieve a more holistic approach to helping patients living with long-term conditions.

If anyone would like to raise a question with the CCG directly, relating to the presentations at this event or on another issue, please contact [myview@westlancashireccg.nhs.uk](mailto:myview@westlancashireccg.nhs.uk)

### **Chris Russ, West Lancs CCG – Digital Health**

### **Anne Jackson, Health2Work & Sarah Bennett, West Lancs Carers Support – Rally Round**

The final presentations covered digital health and an exciting new project – Rally Round. Chris talked about the importance of digital health and showed some useful videos. These can be seen via the link on the CVS website – <http://www.wlcvs.org/health-network-2/#tab-id-7>

Sarah and Anne explained that Rally Round is a free online service which makes it easy for friends and family to come together and help a loved one stay safe and well in their own home. To find out more please go to the Rally Round website - <https://www.rallyroundme.com/wlcvs>

To see the presentations in full go to the health pages on [www.wlcvs.org](http://www.wlcvs.org)

### **Feedback**

Below is a selection of some of the comments made after the event:

- “Could have been an all-day event”.
- “Excellent!”
- “Excellent introduction for services at West Lancs for me”.
- “Thanks for facilitating such a great event”.