**Statement from Bereavement Counselling Service**

We are now all working from home via telephone, text, email. The telephone is checked daily as are the emails.

Regular contact is made with clients on the waiting list providing support to those already dealing with issues of grief and loss.  Isolation compounds their distress.  We feel when COVID-19 has run its course there will be many more people needing therapy for anxiety and depression.

We have not closed.  We are providing a telephone counselling service as opposed to working face to face. This is extended to telephone counselling with clients that had already started therapy before the virus.

We would ask that anyone who contacts the office by telephone be encouraged to leave a message and we will get back to them as soon as possible.

We are taking new referrals but unfortunately they will not be able to access therapy till the pandemic is over.