

Training for GP practices

Elemental – recording the journey and impact (30 minutes)

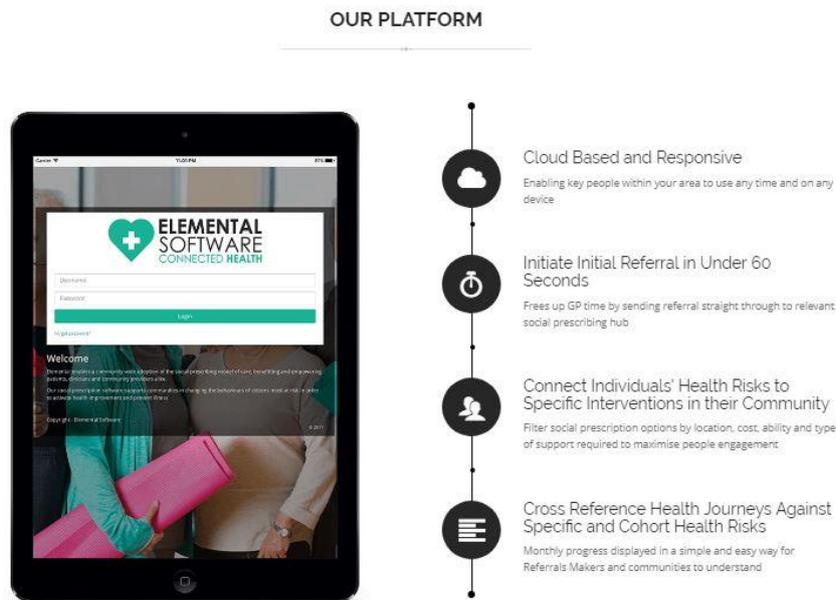
The following guide

- ✓ introduces Elemental – what it is
- ✓ gives a brief overview of some of its features
- ✓ offers further links of information and support

1. **What is Elemental?**

Elemental is software support for Social Prescribing projects. For example, a GP who feels that someone could benefit from exercise, social interaction, or other needs that are not clinical, can refer the patient to a relevant local Social Prescribing project through Elemental.

The advantage? The person is *supported* in finding solutions and making changes to their lifestyles, rather than being told that change would benefit them.



<https://elementalsoftware.co/>

There is a pilot Social Prescribing project in Skelmersdale. To learn more, take a look at the 'Social Prescribing- West Lancashire' 30-minute self-learning pack.

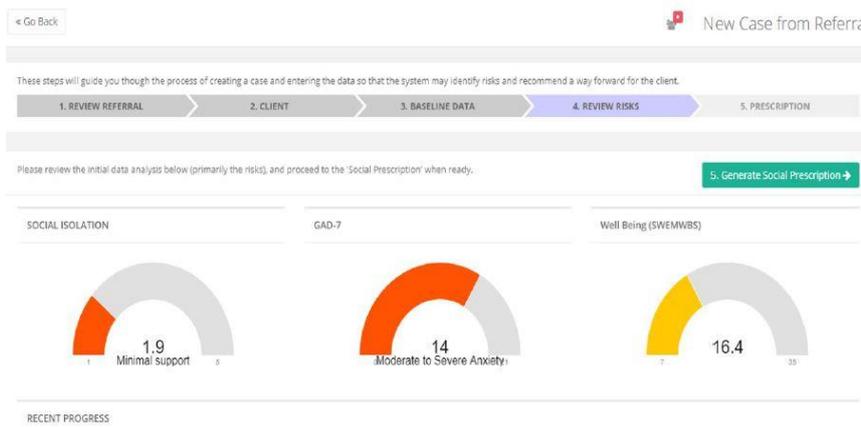
2. How does it work? Some features

Each GP practice with access to the live project in the area will have login access from Elemental that looks like this:



Once you have logged on, you complete the patient details. Once you have completed this stage and sent your referral:

- ✓ The social prescribing team will pick up on the referral on Elemental
- ✓ A social prescriber will arrange to meet the patient
- ✓ The social prescriber will carry out an assessment of the patient’s non-clinical needs (see ‘prescription’ image below), and find opportunities for the patient
- ✓ They will refer to local opportunities on Elemental (participating local groups, clubs etc. have access to Elemental to describe what they offer, set up bookings etc.)
- ✓ The social prescriber tracks progress by staying in touch with the patient and ensuring that activity is recorded on Elemental
- ✓ Patients can keep track of their schedule with their own social prescription calendar
- ✓ You can track patient progress on Elemental



3. Further links of support

You can:

- contact Elemental directly on their website at <https://elementalsoftware.co/contact/>
- read case studies on their site, and follow them on Twitter @Its_Elemental
- go to the ‘Social Prescribing – West Lancashire’ self-learning pack for more information on the Skelmersdale local social prescribing project.