



Lancashire Care
NHS Foundation Trust

Quit Squad 1-1 appointments (appointment only)

DAY	TIME	LOCATION
MONDAY	9:00am-12 noon	Sandy Lane Health Centre Sandy Lane, Skelmersdale
	1.30pm-4.00pm	Tarleton Health Centre Gorse Lane, Tarleton
	2:00pm-4:00pm	Ecumenical Centre, Skelmersdale
TUESDAY	9:00am-12 noon	Burscough Health Centre, Burscough
	1:00pm-4.30pm	Birleywood Health Centre, Skelmersdale
WEDNESDAY	10.00am - 12 noon	Hall Green Surgery, Upholland (registered patients only)
	9.00am - 12 noon	Hillside Health Centre, Skelmersdale
	1.30pm-4.00pm	Ormskirk Library Burscough Street, Ormskirk
	1.00pm-4.30pm	Sandy Lane Health Centre, Skelmersdale
THURSDAY	1.30pm-4.30pm	Ashurst Health Centre, Lulworth, Skelmersdale
FRIDAY	9:00am-1:00pm	Skelmersdale Library, Southway, Skelmersdale
SATURDAY	9.30am-11.30am	The Walk in Centre, Concourse Shopping Centre, Skelmersdale



SMOKEFREE

Other sessions are available.

For further information or to make an appointment
Phone 0800 328 6297 (Free from any landline or mobile)

