

HEALTH AND WELL-BEING

**WE ARE
MACMILLAN.
CANCER SUPPORT**

HEALTH & WELLBEING EVENTS

Come along and join our **FREE** cancer information & support events.

THURSDAY 16th MARCH, 2pm - 4.30pm, Christ Church, Lord Street, Southport

TUESDAY 30th MAY, 2pm - 4pm, Lecture Theatre, West Lancs College, Skelmersdale.

THURSDAY 20th JULY, 2pm - 4.30pm Christ Church, Southport

TUESDAY 12th SEPTEMBER, 2pm - 4.00 pm, Briars Hall, Lathom

THURSDAY 9th NOVEMBER, 2pm - 4.30pm Christ Church, Southport

Chat to Cancer Nurse Specialists and people from other key organisations. Talks, exercise tasters & healthy living activities.

No cost but BOOKING IS ESSENTIAL.

To book Southport Events - phone 01704 533024 or email sfccg.macmillancic.nhs.net

To book West Lancs Events - phone 01695 656533 or email caroline.flynn4@nhs.net