

### Making life better

Rally Round is a FREE online service which makes it easy for carers and vulnerable people to get more support from friends and family.

### Why Rally Round?

Doing the shopping, getting out and about, changing a light bulb, keeping appointments, tidying the garden, meeting up with friends... things most of us take for granted.

If you can't manage these things yourself, or you're struggling to find the time do them for someone else, then Rally Round helps you share the load.

Friends and family who want to help will feel included and no-one gets too stressed.



### Person being referred

Name \_\_\_\_\_ Phone No \_\_\_\_\_

Email Address \_\_\_\_\_

Wants:

Help to get started

More information only

### Referrer details

Name \_\_\_\_\_ Phone No \_\_\_\_\_

Email Address \_\_\_\_\_

Organisation \_\_\_\_\_

I have mentioned the benefits listed overleaf Yes  No

Please return by post to:

**West Lancs CVS, Certacs House, 10-12 Westgate, Skelmersdale, Lancashire, WN8 8AZ**

or scan and email to **carers@wlcvs.org** We will contact the person you are referring and do our best to help. **Informal queries, please call 01695 733737**



### Information for Referrers

Anyone living in West Lancs can use Rally Round free of charge. They can start a support network for themselves or for someone they look after by going to [www.rallyroundme.com/wlcvs](http://www.rallyroundme.com/wlcvs)

Alternatively you can refer people to West Lancashire Council for Voluntary Service using this form and we will help.

### Why Rally Round?

We all need help and support at some point. Doing the shopping, tidying the garden, changing a lightbulb, getting to appointments or meeting up for a cuppa and a chat. That's where Rally Round comes in.

### How does it work?

Rally Round is a FREE online service. Add anything that needs doing to the 'To Do List'. Trusted friends and family take a look and volunteer to help. Text and email notifications keep everyone in the loop. Friends and family who want to help feel included and no one gets too stressed.

### Benefits

- More help from family members and /or friends
- Reassurance that comes from knowing there are people who want to help
- Easy to keep track of what needs doing and who's doing what

