

# Do you look after someone?

**Do you help someone with any of the following?**

- ⇒ Washing, dressing, lifting or giving medication
- ⇒ Shopping, collecting prescriptions, cleaning or other practical tasks
- ⇒ Organising their bills to be paid
- ⇒ Offering advice and friendship

## **We provide information about:**

- Local groups and services for supporting your caring role
  - Carers Assessments and emergency care cover
- Informing your GP so they are aware of your caring role
  - Community groups and activities
  - Health and wellbeing to support self-care
  - Financial support and short break help

**Contact Yvonne or Sarah at  
Carers Support - West Lancashire**

**01695 733737**  
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# Carers Support in West Lancashire

## Carers Support - West Lancs

 01695 733737  carers@wlcvs.org  www.wlcvs.org

### Under 18s

Lancashire Young Carers Service

**01772 641002**

[www.barnardos.org.uk](http://www.barnardos.org.uk)

Lancashire County Council

SEND (Special Education Needs & Disability Service) &

Parent Carer Support

**01772 532 509**

For local services search (Local Offer):

[www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities](http://www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities)

### 18 and over

Lancashire County Council

**0345 688 7113**

[www.ncompassnorthwest.co.uk](http://www.ncompassnorthwest.co.uk)

Lancashire County Council

**Social Care Line: 0300 123 6720**

**Support for carers: 0300 123 6725**

[www.lancashire.gov.uk](http://www.lancashire.gov.uk)

Advice & Information for Carers



**0808 808 7777** [www.carersuk.org](http://www.carersuk.org)

Carers UK Advice Line (M - F 10am - 4pm)



**Care Act 2014** Information

<http://www.scie.org.uk/care-act-2014/>

Please scroll down page to see further information.

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