

WEST LANCS MENTAL WELLBEING NETWORK

TERMS OF REFERENCE

Aims and Objectives

The network exists at the request of its members. The primary aim is to provide a central point of communication and offer training opportunities when these can be organised using an asset-based approach. We will provide the opportunity to cascade information between NHS staff, Third Sector and service users.

Membership

This is open to all who have a vested interest in improving the mental health and wellbeing of people in West Lancashire.

When we gather we want to provide:

- A safe space
- Accessible venues
- Mutual help with transport if needed
- An environment where people feel at ease to contribute what they have to say

There will be provision of newsletters when volunteers are able to design and produce these.