

Improving Access to Effective Support

- To build a healthier, more productive and fairer society for children and young people (CYP) and their families which build resilience, promotes emotional wellbeing and mental health and ensure they have access to the care and support they need, reducing health inequalities.
- To have access to timely, integrated and multi-disciplinary mental health services using NICE guidance and other national guidance to develop evidence based, integrated pathways of care across partner organisations, ensuring effective assessment, treatment and support for them and their families.
- To make it easier for CYP and their families and carers to access help and support when they need it and improve the standard of mental health services across Lancashire.

Workstream Objectives – what we are going to do

- Locally adopt the THRIVE model as a conceptual framework for our collective response to improving the emotional wellbeing and mental health of children and young people (CYP) (Objective 8).
- Use the technology available to develop and promote widely a pan-Lancashire online one-stop portal which will include self- help materials in addition to clear information on the support available across Lancashire (Objective 9).
- Create a single point of access into all services providing interventions to improve emotional health and wellbeing. This will include consultation as well as direct delivery (Objective 10).
- Ensure transition from children's to adult services is based on the needs of the young person rather than their age (Objective 11).
- Ensure children, young people and families have timely access to an evidence based community eating disorder service (Objective 12).
- Improve access to evidence based care and support designed in partnership with CYP and their families, treating them as individuals and taking into account both their physical and mental health needs (Objective 13).
- Ensure that CYP have access to evidence based early intervention in psychosis services in line with the new access and waiting time standards for people experiencing a first episode of psychosis (Objective 14).

Workstream Approach – how we are going to do it

- Work in close partnership with existing partners and groups. The workstream will use national guidance and frameworks to develop evidence based approaches.
- Research the technology available to determine a pan-Lancashire one stop portal / single point of access.
- Benchmarking how local services across Lancashire are implementing the THRIVE model to determine a conceptual pan-Lancashire framework.
- To agree improvements to access through engagement activities and through workshop events.
- To develop a Children & Young People's Emotional Wellbeing and Mental Health (CYPEWMH) transformation work plan to deliver the improvements by 2020.



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Workstream Deliverables and Benefits – this is our plan

Deliverable	Benefit
Review of the current Children & Young People's Emotional Wellbeing and Mental Health (CYPEWMH) services across Lancashire.	Access to a Lancashire CYPEWMH database.
Review the services that have adopted the THRIVE model.	Assurance that all CYPEWMH services commissioned in Lancashire have adopted the THRIVE model.
Work with Clinical Commissioning Group leads and the Commissioning Support Unit to develop a database of self-help material and information for the 'one-stop' portal.	Access to all the self-help material.
Identify any gaps in self-help material and information and research / develop material to address the gaps.	Assurance that the 'one-stop' portal contains relevant, up-to-date self-help materials and information.
Identify possible online portals that could be commissioned to provide 'self-help' material and clear information for children and young people (CYP) and their families and carers with regard to emotional wellbeing and mental health.	The Transformation Board will have the information they require to make an informed decision for a pan-Lancashire online one-stop portal.
Identify possible Single Point of Access (SPOA) that could be commissioned to provide a directory of services that includes opportunities for consultations and service delivery.	The Transformation Board will have the information they require to make an informed decision for a pan-Lancashire SPOA.
Identify the available interventions for CYPEWMH across Lancashire.	The Transformation Board has a directory of all interventions available across Lancashire.
Create a directory of services that provide consultation and direct delivery.	There is a directory of all services that offer consultation and provide a direct service across Lancashire.
Utilise the review of pan-Lancashire CYPEWMH services to contact providers to gain access to families and carers to undertake transformation 'objectives' engagement.	There is an engagement plan in place. We have evidence on our transformation 'objectives' issues and possible solutions to enable the Transformation Board to make informed decisions.
Engage with CYP to identify what works well, not so well and the priorities for CYP.	The Transformation Board can provide assurance that they have complied with Health and Social Care Act 2012.
Engage with professionals to feedback from previous engagement events and develop a pan-Lancashire framework	A pan-Lancashire Framework for improved access to effective support.
Develop a pathway for CYP to access emotional wellbeing and mental health services across Lancashire.	The pathway is in place for all services providing emotional wellbeing and mental health to CYP in Lancashire.
Review the current services that provide an eating disorder service in Lancashire.	There is a baseline to enable the development of a pathway for eating disorders across Lancashire.
Review national guidance and frameworks for CYPEWMH services.	There is an understanding of national requirements
Compare the performance of the services in-line with national guidance	The services can be measured against national requirements.
Develop a framework for commissioning eating disorder services.	There is a standard approach for commissioning eating disorder services in Lancashire.