

Public Access Training mind

for better mental health

Lancashire



21st October 2015 10am til 4pm

The Mill At St Catherine's, Lostock Hall, Preston, PR5 5BF

Managing Mental Health In The Workplace

This course is directed towards those in a supervisory or management role.

The course aims to give participants a wider understanding of managing mental health in the workplace. The course covers:

- maintaining a mentally healthy workplace
- recognising and responding to signs of poor mental health
- understanding common mental health conditions
- maintaining equality for individuals living with a mental health condition within the workplace.

**Excellent &
informative**

Book your training place with Lancashire Mind:

Register online:

Call: 01257 231660

Email: training@lancashiremind.org.uk

Competitive prices:

£145 full day inc lunch