

# Community Inclusion League

**WANT TO GET FITTER?  
DO YOU WANT TO MEET  
NEW PEOPLE?  
DO YOU ENJOY 5 A SIDE?**

4th Thursday of month / Time 10: 30 am (teams to arrive and register) 11:00 am (games start)  
Venue PlayFootball, Tulketh Community Sports, Tag Lane, Ingol, Preston, PR2 3TX



For more information contact Andrew Whitaker Disability Football Development Officer  
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**The league is in partnership with the Central Lancashire Community Restart Team**

 Supporting Health and Wellbeing