**Volunteering Opportunities available in West Lancs**

**Volunteer Walk Leader**

We are looking for willing volunteers to lead walks in the Skelmersdale, Ormskirk and/or Burscough areas. The walks take place during the day. We are not necessarily asking you to commit every week - just on a possible rota basis once or twice a month!

**Short Term Advocacy Buddy**

Volunteers needed to meet with a person in a café for a chat at Ormskirk hospital to help them prepare for a health assessment there. Supporting them to keep their Personal Independence Payments. Then go into the assessment with them and be by their side with them for about an hour to help them feel more confident about explaining their difficulties to the assessor?

**Digital Buddy**

Volunteers required to offer one-to-one/small group support in learning new digital skills and/or to develop existing digital skills in community location. To offer guidance to individuals where further need of support and/or information has been identified.

**Community Garden Volunteer**

Volunteers required to help with many jobs around the garden grounds from mowing, weeding, pruning, nurturing and plant care. General tidying of the garden area, harvesting produce, poly tunnel maintenance,

creating flower displays - hanging baskets/flower pots and general maintenance.

**Buddy for young male volunteer with Aspergers**

We need an understanding person to buddy and work alongside a young man who has Asperger's Syndrome to enable him to fully participate in outdoor conservation activities. You will be working together outdoors within a group of friendly workers.

**Independent Visitor**

Volunteers meet regularly with a young person to do activities together, talk, be supportive and have fun. Young People in care need to have input into the activities as they are not often able to make decisions about their lives and this will give them back a voice and a sense of being in control in some part.

**Events & Activities Volunteer**

Volunteer support required to help with events organised for over 55's in the community. Activities include social events, quiz nights, Lunch Club, Chair Exercise Class and others.

**Community Engagement Volunteer**

Willing to listen to people's views about health and social care in Lancashire in locations such as hospitals, GP surgeries and community venues, using surveys and questionnaires to gather patient experience. This intelligence will help to improve the services offered in Lancashire and will make a positive difference to the care the people of Lancashire receive.

**Administration Support**

We are looking for volunteers who can do administration, basic accounts, computer literate, produce posters and flyers for events. This role requires the volunteer to work from home initially.

**Not seen what you are looking for?**

**We can put you in touch with many more organisations that could benefit from your help and skills.**

**Please contact the Volunteer Centre for more information on 01695 733737 /****vc@wlcvs.org**

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